



## Benefits of In-Home Nursing Care for Respiratory Disease

**In-home nursing care** can be very beneficial for those with respiratory disease by decreasing the amount of time you may spend in the hospital or removing the need to be admitted to a hospital altogether.

### Live a longer, healthier life

Patients with respiratory disease who are treated at home tend to be healthier and live longer than their peers who do not have in-home care.

### Decrease ER visits and hospitalizations

Respiratory patients receiving care at home are less likely to visit the emergency room and also have decreased hospital stays. In-home nursing can assist you with daily treatments, monitor for complications and educate you on the safe use of respiratory equipment.

### Preferred by patients

People value the option to be treated in the comfort and privacy of their own homes. This is especially true for those who live in rural areas or who have difficulty accessing transportation.

### Improve communication with your physician

Our nurses serve as advocates communicating your specific needs to your physician to ensure you are receiving the best care and support.

### Be an active participant in your care plan

Our nurses work with you and your physician to build a care plan personalized to your needs and keeping in mind the best possible outcome for you.

### Increase your independence

Using in-home nursing services increases patient independence by providing education on energy conservation, relaxation and breathing techniques, help treating exacerbations, and encouraging regular exercise.

### We Are Here To Help

At CNS Cares, our goals in providing in-home nursing care for our patients with respiratory disease are to increase survival, improve your function and quality of life, support independence and self-management, and encourage positive health behaviors.

To learn more about receiving in-home nursing services or to see if you have a qualifying diagnosis to file a Department of Labor claim, call us at **877-259-9001** or contact us at [info@CNSCares.com](mailto:info@CNSCares.com).

#### WHAT WE DO

CNS Cares provides unparalleled home health care to the American Workforce who want to remain:

**Independent**  
**Comfortable**  
**Safe**  
**Confident**

CNS Cares will support and care for them and their families every step of the way.

#### WHO WE ARE

Our people are the heart of CNS Cares. We are honored to care for those who have sacrificed their health for their country. Our patients are heroes, and it's our privilege at CNS Cares to treat them as such – to recognize and value their service by providing them and their families:

**Honor**  
**Respect**  
**Care**  
**Service**

#### WHO WE HELP

We provide care to the following patient groups:

**Uranium Miners, Millers and Transporters**

**Nuclear Weapons Plant Employees or Contractors**

**Workers' Compensation Claims**

**Veterans of the United States Armed Services**